

MONTHLY OFFER

BERBERINE 97%

NATURAL POWER FOR METABOLIC HEALTH

Berberine 97% is a premium dietary supplement designed for customers looking for natural, science-backed solutions for metabolic health. With 97% Berberine Hydrochloride extracted from *Berberis aristata*, this product delivers clinical-grade potency with broad health benefits.

WHY ADD BERBERINE TO YOUR PRODUCT PORTFOLIO?

Proven demand:

Metabolic health, blood sugar balance, and gut support are fast-growing categories in the supplement industry.

Multi-targeted:

Berberine appeals to multiple customer profiles – from people managing blood sugar and cholesterol, to those focused on weight management and gut health.

Backed by science:

Berberine's effects are documented in multiple peer-reviewed studies, giving your marketing and sales teams credible backing.

Natural & safe alternative:

Consumers increasingly seek effective natural solutions with scientific validation.



No artificial additives or GMOs



97% purity for maximum efficacy



Vegan-certified



PRODUCT SPECIFICATION



Active ingredients /capsule	Berberine Aristrata 500 mg
Formats available	60 or 120 capsules
Packaging	bottles

PRICING


MOQ	60 capsules	120 capsules
500 pcs	€4.10	€6.90
1,000 pcs	€3.90	€6.70
5,000 pcs	€3.70	€6.50

LET'S DISCUSS WHAT WORKS FOR YOUR BRAND

Contact us to get pricing, lead times, or answers to your questions. Request your price list, sample, or start a project with our team.

CONTACT US

 +421 905 587 699

 sales@greenpharm.sk



BERBERINE 97%

Natural support for metabolism, blood sugar, heart & gut health

Berberine is a natural compound extracted from the *Berberis aristata* plant, long used in traditional Chinese and Ayurvedic medicine. Today, scientific research confirms what ancient practices have known for centuries—berberine delivers real, measurable health benefits. Berberine 97% combines the best of both worlds: time-tested tradition and modern purity.

KEY HEALTH BENEFITS OF BERBERINE

SUPPORTS A HEALTHY METABOLISM

Your metabolism isn't just about burning calories—it's how your body turns nutrients into energy and maintains vitality. **Berberine activates AMPK**, often referred to as the "master switch of metabolism."

This powerful enzyme helps your body **use energy more efficiently**, reduces fat storage, and supports natural weight management. Studies suggest that regular intake of berberine may help **maintain a healthy balance of fat and sugar metabolism**—key factors in reaching and maintaining a healthy weight.

HELPS REGULATE BLOOD SUGAR LEVELS

Blood sugar fluctuations can cause fatigue, mood swings, cravings, and—over time—more serious metabolic problems. Berberine **improves your body's sensitivity to insulin**, a hormone that plays a central role in how glucose is processed and stored.

It also **supports glucose uptake into your cells and reduces glucose production in the liver**, helping to maintain stable energy, reduced cravings, and fewer sugar crashes. Its effects are comparable to some pharmaceutical treatments, while remaining a natural, plant-based solution.

SUPPORTS HEART AND CARDIOVASCULAR HEALTH

Berberine contributes to the health of your heart and blood vessels in several key ways. It can help:

- **Lower LDL ("bad") cholesterol and triglycerides**
- **Increase HDL ("good") cholesterol**
- Promote healthy blood pressure
- Improve blood vessel elasticity and circulation

Whether you're proactively caring for your heart or looking for support with cholesterol and blood pressure, berberine offers a safe and natural option backed by science.



PROMOTES GUT MICROBIOME BALANCE

Your gut is central to how you feel—physically, mentally, and emotionally. Berberine acts as a **natural prebiotic**, helping to nourish the beneficial bacteria in your intestines while reducing harmful microbes.

This **contributes to a more balanced gut microbiome**, supports healthy digestion, and **can help ease** common issues like **bloating, stool irregularity, and digestive discomfort**. Better gut health also supports stronger immunity and better nutrient absorption.

FEEL THE DIFFERENCE

Berberine 97% has a clean formula designed with quality and simplicity in mind:

- **97% pure Berberine Hydrochloride:** highly concentrated for excellent absorption and reliable effectiveness
- **Clinically supported dosage:** 500 mg per capsule
- **Vegan and non-GMO:** made without fillers, artificial additives, or unnecessary ingredients
- **Produced in the EU:** manufactured in certified facilities following strict quality and safety standards

When your body has the right support, everything works better.

Berberine 97% gives you the foundation to feel more balanced, more energized, and more in control—every day.

This text is optimized for marketing purposes and can be used on packaging, websites or social media. All claims are backed by scientific studies that are publicly available.

Berberine and blood sugar control

Study by Zhang et al., 2008 - "Treatment of type 2 diabetes and dyslipidemia with the natural plant alkaloid berberine" (Diabetes)

Conclusion: Berberine activates the enzyme AMPK, which promotes glucose uptake into cells and reduces its production in the liver. The effects of berberine were comparable to some antidiabetic drugs.

<https://pubmed.ncbi.nlm.nih.gov/18397984/>

Berberine and cardiovascular health

Study: Ju et al., 2018 - "Efficacy and safety of berberine for dyslipidaemias: A systematic review and meta-analysis of randomized clinical trials"

Conclusion: Berberine has the potential to improve lipid profiles safely in dyslipidaemia, but more rigorous clinical trials are needed to confirm its effectiveness.

<https://pubmed.ncbi.nlm.nih.gov/30466986/>

Berberine and fat metabolism

Study: Kong et al., 2004 - "Berberine is a novel cholesterol-lowering drug working through a unique mechanism" (Nature Medicine)

Conclusion: Berberine lowers LDL cholesterol and triglyceride levels by increasing the expression of LDL receptors in the liver. The result is better cholesterol utilization in the body and its reduction in the blood.

<https://pubmed.ncbi.nlm.nih.gov/15531889/>

Berberine and the intestinal microflora

Study: Yang et al., 2023 - "Berberine influences multiple diseases by modifying gut microbiota"

Conclusion: Berberine supplementation has been shown to alter the structure and metabolic activity of the gut microbiota.

<https://www.frontiersin.org/journals/nutrition/articles/10.3389/fnut.2023.1187718/full>